

**Urine Sample Collection Instructions for *Chlamydia trachomatis*/ *Neisseria gonorrhoeae*/ *Trichomonas vaginalis* for MALES**

**How to  
prepare**

- **DO NOT** urinate (pee) for at least one (1) hour before collecting your urine sample

**Risks or  
Cautions**

- **DO NOT** cleanse the genital area before collecting the urine
- **DO NOT** touch the rim or inside surfaces of the lid and container
- **DO NOT** collect more than 30 mL of urine into the container

**Collecting  
the Sample**

- Obtain collection container with **white lid** from physician or laboratory staff. If collected at the laboratory, the container will be provided in a plastic resealable bag.
- Wash hands with soap and water before collecting sample
- Remove white lid and urinate (pee) directly into the container (initial 30 mL / first catch)
- Fill container no greater than 30 mL



- Place lid tightly on container
- Wash hands thoroughly after collecting the sample
- Give sample to laboratory staff to process regardless of volume collected. **DO NOT** pour out a portion of the urine sample if greater than 30 mL is collected.



**Labelling  
the Sample**

- Label the collection container with:
- Laboratory or physician office issued patient label **or**
  - Write the patient **full first and last name**, **Provincial Health Insurance (PHN/ULI)**, or Government issued identification (Federal, Military, RCMP, Immigration), **date and time of collection**



**Lab  
Requisition**

- **Print** the date and time the sample was collected on your lab requisition
- **Fold** and place the requisition in the **outside** pocket of the plastic resealable bag
- Place sample containers in the provided plastic resealable bag. **Do not** put the requisition in the bag with the collection container

**Sample  
Delivery**

- If not in the laboratory when the sample is collected, return the urine sample to the laboratory as soon as possible
- If you cannot go to the laboratory immediately, keep the urine refrigerated
- Take your sample to your local laboratory within 24 hours of collection

**Samples not labelled as required or those that do not have a completed requisition will NOT be tested.**