



Stool for Ova and Parasites (LTR81900)

Last Approved Time: 10/11/2023 Revision: 3.00

Specimen will **not** be tested if label or requisition is missing information.



Caution:

The SAF solution in the Yellow Top container is **poisonous**; keep out of reach of children. If swallowed, drink lots of milk or water and **immediately** call the Poison Centre at **1-800-332-1414**.

Please follow the instructions below for accurate test results.

2 weeks before collection:

Please do not take any laxatives, bismuth, barium sulphate (used in barium enemas), antacids, anti-diarrheal medications, anti-malarial agents or antibiotics.

Your physician may order 2 or 3 stool collections.

If more than 1 stool collection is ordered, please collect stool specimens on **different** days.

Try to collect each stool on alternate days and complete all stool collections within 10 days.

This schedule will provide the most accurate results because some parasites are not in the stool every day.

Before you start the collection:

Two containers are included with this kit. Please check the expiration date on the yellow top container. If expired, get new container from the laboratory.





Diapers:

Do **not** bring used diapers to the laboratory.

For small children with diarrhea, fasten plastic wrap inside the diaper with childproof safety pins.

At home, please remove the stool from the plastic using a disposable plastic spoon and put into the collection container.

Day of collection:

- Write the date and time of collection on the container.
- Write your full last and first name and health care number on the container.
- Your health care number can be written on the line that says Doctor.



- Empty bladder (pee) completely.
- Please do **not** let urine touch the stool (poo) specimen

• Collect stool onto a clean, disposable container. **For example, a paper plate.**

Or

- Put plastic wrap between the toilet seat and the bowl and collect the stool onto the wrap.
- Do not let water touch the stool.









Yellow Top Container containing SAF liquid

- Using the fork/spoon that came with the container, add stool specimen to the container until the liquid is at the fill line.
- Take from parts of the stool that look bloody, slimy or watery.
- Please do **not** overfill and be careful not to spill the liquid.
- Make sure nothing else gets in the container (i.e. no toilet paper, no plastic wrap)
- Close the container with the lid and shake until the stool specimen and SAF are well mixed. Be careful not to spill the liquid.





Sterile Plastic container with no liquid

- Using the wooden stick, add stool specimen to the container until half filled
- Make sure nothing else gets in the container (i.e. no toilet paper, no plastic wrap)
- Close the container with the lid. Please ensure the lid is tightly closed and not leaking



- Put the containers in the zip lock bag and close the bag.
- Wash your hands with soap and water.



• Specimen(s) must be refrigerated until taken to the laboratory.

When finished:

- Take each specimen with the physician completed requisition and the Enteric Pathogen Patient History form (if provided by the physician) to the laboratory as soon as possible.
- Deliver all collected specimens to the laboratory the <u>same day</u> they were collected. If repeating on other days, please **do not wait** until all specimens are collected;
- If your doctor has asked you to provide specimens on multiple days, you can pick up a new container when you take the previous specimen to the laboratory.