

Stool for H. Pylori (LTR81899)

Last Approved Time: 10/11/2023

Revision: 1.40

Specimen will **not** be tested if label or requisition is missing information.

At your physician's appointment	Discuss your medications and get your physician's approval before stopping any medication.
4 weeks before the collection	Do not take any antibiotics.
2 weeks before the collection	Do not take bismuth preparations (Pepto Bismol).
2 weeks before the collection	Do not take proton pump inhibitors: <ul style="list-style-type: none"> • LOSEC® (Omeprazole magnesium) • Prevacid (Lansoprazole) • Pantoloc (Pantoprazole sodium) • Tecta (Pantoprazole magnesium) • Nexium (Esomeprazole) • Pariet® (Rabeprazole sodium)
24 hours before the collection	Do not take: <ul style="list-style-type: none"> • Antacids (Tums, Rolaids) • Histamine H2 receptor antagonists: <ul style="list-style-type: none"> ○ Zantac (Ranitidine HCl) ○ Tagamet (Cimetidine) ○ Pepcid AC (Famotidine) ○ Axid (Nizatidine) ○ Pylorid (Ranitidine Bismuth Citrate)

- Write full **last and first name and health care number** of the patient on the container.

Doe, John
12345 6700
3 July 2020
0900 am



- Write date and time of collection on container.
- Empty bladder (pee) completely before stool is collected. Do **not** let urine mix with the stool (poo) specimen.

- Collect stool onto a clean, disposable container. For example, a paper plate **OR** put plastic wrap between the toilet seat and the bowl and collect the stool onto the wrap. Do not let water touch the stool.



Day of Collection:

- Using the wooden stick, add stool specimen to the container until **one third filled only**. Make sure nothing else gets in the container (i.e. no toilet paper, no plastic wrap).
- Close the container with the lid. Please ensure the lid is tightly closed and not leaking.
- Put the container into the ziplock bag and close the bag.
- Wash your hands with soap and water.
- Put the requisition in the pouch of the bag.



- Diapers:**
 - Do **not** bring used diapers to the laboratory.
 - At home, please remove the stool from the diaper using the wooden stick provided and put into the collection container.

- When Finished:**
 - Specimen **MUST** be refrigerated or kept on an ice pack until taken to the laboratory.

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- Take the specimen and requisition to the laboratory as soon as possible – must be delivered to the lab within **12 hours** of collection.
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