

## Gastric or Duodenal Biopsy Collection Checklist for Helicobacter Culture

**Guidelines for Physicians** 

Notes	Helicobacter culture for susceptibility testing is only performed if a history of	
	treatment failure is indicated.	
	If a pathology diagnosis is required, submit a <u>separate</u> biopsy sample	Beaker Label
	(in formalin) with a <i>DynaLIFE</i> Anatomic Pathology Requisition and send to	(Lab Use Only)
	DynaLIFE Anatomic Pathology.	

## To culture *Helicobacter pylori* from gastric biopsies, please complete the following checklist:

Materials required	<ul> <li>H. pylori Collection Kit         <ul> <li>(contains Portagerm transport media, requisitions, collection checklist, and biohazard bags)</li> <li>Obtain the collection kit from the rapid response lab in your hospital (or call</li></ul></li></ul>		
	Alternatively, Tryptic Soy Broth (TSB) media can be used and will be distributed in the event the PortaGerm transport media is unavailable. Process for collection is the same as for Portagerm transport media.Portagerm transport media		
Patient History	Patient has recurrent failure after appropriate H. pylori treatment		
	Patient discontinued use of the following groups of medications Minimum if not, state how long		
	<ul> <li>Proton pump inhibitors (H+, K+ - ATPase Inhibitor):</li> <li>Antibiotics:</li> <li>Bismuth preparations (e.g. Peptol Bismol):</li> <li>14 days.</li> </ul>		
Before collecting the sample	Allow transport media to warm to room temperature prior to collecting samples (if using Portagerm, minimize prolonged exposure to light)		
Sample Collection	<ul> <li>Collect two double-bite biopsies:</li> <li>One from the Antrum near pylorus</li> <li>One from the Gastric body (greater curvature)</li> <li>Immediately place each biopsy deep into its own transport media container</li> </ul>		
Sample Labelling	<ul> <li><u>Label</u> all specimens with patient full first and last name, Personal Health Number (PHN) or Medical Record Number (MRN) AND body site of biopsy (antrum or gastric body)</li> <li>Place each biopsy into a separate biohazard bag</li> </ul>		
Complete the Requisition	<ul> <li>Requisitions are provided in the kit for each specimen site. Label each requisition with:</li> <li>Patient label providing full first and last name, PHN or MRN</li> <li>Ordering physician information</li> <li>Date (yyyy/mm/dd) and time of collection</li> <li>Place requisition in the outside pocket of the respective biohazard bag. Place completed checklist in one of the biohazard bag outside pockets.</li> </ul>		
Sample/Media Transport	Protect samples from light and transport STAT to the rapid response lab in your hospital and/or to DynaLIFE Microbiology Laboratory		
	Sample should be received at <i>Dyna</i> LIFE Microbiology Lab within 2 hours of collection Need <i>H. pylori</i> Collection Kit? Contact <i>DynaLIFE</i> Microbiology Lab at 780-451-3702 ext. 8242 Questions? Contact the Medical Microbiologist-on-call (MOC) at 780-451-3702		