

## 24 Hour Urine Collections - General (LTR71423)

Last Approved Time: 11/11/2022

Revision: 2.60

Please use specific patient instruction sheets for

- catecholamine
- 5-HIAA
- oxalate
- trace elements
- [creatinine clearance](#)
- metanephrine
- [VMA](#) (vanillyl mandelic acid)

For all other tests please use instructions below.

Specimen will **not** be tested if label or requisition is missing information.



**Caution:** The bottle may contain a preservative that may burn your skin. If liquid in bottle is splashed or spilled, wash spill immediately with water.

Following the instructions below is important for providing you with accurate test results.



Or

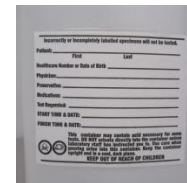


Select a time to **start**  
Example:



- Completely empty your bladder (pee) into the toilet.
- Write the time and date on the container label as the **Start time** and date.

John Doe  
12345 6700  
Start **9:00am Jan 3**  
Finish



Next **24 hours**

The **next** time you pee and **every** time you pee for the next **24 hours**

- Urinate (pee) into a clean, dry plastic container, for example a plastic cup.
- Pour **all** urine into the bottle every time.
- Close the lid of the bottle tightly after each urine specimen is added.
- **If** the bottle had liquid in it from the laboratory, swirl bottle after each urine specimen is added.

Please keep the bottle upright in a cool, dark place.



At the **end** of the collection



- Collect a last urine specimen exactly **24 hours after the Start time**. Please try to urinate (pee) even if you do not feel an urge. Completely empty your bladder.
- Write the time and date on the container label as the **Finish** time and date.
- Make sure the label has **all** of the following:
  - Full first and last name
  - Healthcare number
  - Physician name
  - Start and Finish times and dates
- Please deliver bottle and requisition to the laboratory today.

John Doe  
12345 6700  
Dr. Jane Smith (ABC Clinic)  
Start 9:00am Jan 3  
Finish **9:00am Jan 4**